

MAY | 2024

OCEMS Pre K-8 Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Waffles Fruit Juice Milk	30 Muffin / Toast Fruit Juice Milk	1 Omelet / Toast Fruit Juice Milk	2 Muffin / Toast Fruit Juice Milk	3 Donuts Fruit Juice Milk
6 Pancakes Fruit Juice Milk	7 Muffin / Toast Fruit Juice Milk	8 Scrambled Eggs / Toast Fruit Juice Milk	9 Muffin / Toast Fruit Juice Milk	10 Donuts Fruit Juice Milk
13 Waffles Fruit Juice Milk	14 Muffin / Toast Fruit Juice Milk	15 Biscuits and Gravy Fruit Juice Milk	16 Muffin / Toast Fruit Juice Milk	17 Donuts Fruit Juice Milk
20 No School	21 Muffin / Toast Fruit Juice Milk	22 Breakfast Sandwich Fruit Juice Milk	23 Muffin / Toast Fruit Juice Milk	24 Donuts Fruit Juice Milk
27 Waffles Fruit Juice Milk	28 Muffin / Toast Fruit Juice Milk	29 Omelet / Toast Fruit Juice Milk	30 Muffin / Toast Fruit Juice Milk	31 Donuts Fruit Juice Milk

News

Breakfast will be served 7:00-7:55

Cereal, whole grain toast, fresh fruits and juice will also be available daily.

Menu Subject to changes

The USDA is an equal opportunity provider and employer

MAY | 2024

Ohio County Elementary Middle School PreK-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Chicken Nuggets / Roll Mashed Potatoes / Gravy Corn Peaches Milk	30 Chicken Fajita Salsa Broccoli Pears Milk	1 Spaghetti & Meatballs with Breadstick Green Beans Applesauce Milk	2 Hot Dog on Bun Baked Beans Carrots Orange Slices Milk	3 Pizza Salad Cucumbers Juice Milk
6 Chicken Tenders / Cookie Fries Corn Peaches Milk	7 Orange Chicken / Rice Broccoli Black Beans Pears Milk	8 Lasagna / Bread Stick Green Beans Applesauce Milk	9 Chicken Patty on Bun Au Gratin Potatoes Carrots Orange Slices Milk	10 Pizza Salad Tomatoes Juice Milk
13 Chicken Nuggets / Dinner Roll Mashed Potatoes / Gravy Corn Peaches Milk	14 Beef Taco Salsa Broccoli Pears Milk	15 Biscuits and Gravy Hash Browns Dragon Punch Applesauce Milk	16 Toasted Cheese Cooked Carrots Peas Orange Slices Milk	17 Pizza Salad Cucumbers Juice Milk
20 Chicken Tenders / Cookie Fries Corn Peaches Milk	21 Quesadilla Broccoli Salsa Pears Milk	22 Rotini with Meat Sauce Garlic Bread Green Beans Applesauce Milk	23 Cheeseburger on Bun Baked Beans Carrots Fruit Milk	24 Pizza Salad Tomatoes Juice Milk
27 No School	28 Pulled Pork Nacho Salsa Broccoli Pears Milk	29 Pancakes / Sausage Patty Hash Brown Dragon Punch Fruit Milk	30 Pizza Corn Fries Fruit Milk	31 PBJ Dragon Punch Carrots Applesauce Milk

News

Lunch Times:

PS - 10:35

K-2 - 10:40

MS - 11:19

3-5 - 11:50

Lunch Prices:

PS-2 \$2.75

3-8 \$3.00

Reduced \$0.40

Alternative lunch choices:

PBJ Sandwich

Yogurt Pack

Turkey Sandwich

Menu Subject to changes

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MAY | 2024

RISING SUN HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Pak n Go Variety Fruit Juice Milk	30 Breakfast Sandwich Fruit Juice Milk	1 Assorted Pastries Fruit Juice Milk	2 Biscuits and Gravy Fruit Juice Milk	3 Pak n Go Variety Fruit Juice Milk
6 Pak n Go Variety Fruit Juice Milk	7 Breakfast Plate Fruit Juice Milk	8 Assorted Pastries Fruit Juice Milk	9 Warm Cinnamon Roll Fruit Juice Milk	10 Pak n Go Variety Fruit Juice Milk
13 Pak n Go Variety Fruit Juice Milk	14 Breakfast Sandwich Fruit Juice Milk	15 Assorted Pastries Fruit Juice Milk	16 Biscuits and Gravy Fruit Juice Milk	17 Pak n Go Variety Fruit Juice Milk
20 Pak n Go Variety Fruit Juice Milk	21 Breakfast Plate Fruit Juice Milk	22 Assorted Pastries Fruit Juice Milk	23 Iced Cinnamon Roll Fruit Juice Milk	24 Pak n Go Variety Fruit Juice Milk
27 Pak n Go Variety Fruit Juice Milk	28 Breakfast Sandwich Fruit Juice Milk	29 Assorted Pastries Fruit Juice Milk	30 Warmed Iced Donut Fruit Juice Milk	31 Pak n Go Variety Fruit Juice Milk

News

BREAKFAST

\$1.25

Serving 7:30 – 7:55

Each day there will be a variety of fruit and juice for the student to choose from.

Toast and cereal will be available every day.

Menu Subject to changes

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MAY | 2024

RISING SUN HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Cheeseburger on Bun Fries Fruit Milk	30 Walking Taco Refried Beans Fruit Milk	1 Chili Cheese Fries Bread Stick Tiger Bites Fruit Milk	2 Salisbury Steak Mashed Potatoes & Gravy/Bread Fruit Milk	3 Coney Dog on Bun Baked Potato Fruit Milk
6 Sloppy Joe on Bun Cole Slaw Fruit Milk	7 Chicken Fajita on Tortilla Refried Beans Fruit Milk	8 Pizza Fries Fruit Milk	9 Farmer Brown Dinner Roll Corn Cookie Fruit Milk	10 Mini Corn Dogs Fries Fruit Milk
13 Chicken Patty on Bun Baked Beans Fruit Milk	14 Quesadilla Mexican Corn Fruit Milk	15 Calzones w/ Marinara Fries Fruit Milk	16 Mac n Cheese Bread Stick Sweet Peas Fruit Milk	17 Popcorn Chicken Broccoli/Cheese Strawberry Short Cake Fruit Milk
20 Cheeseburger on Bun Fries Fruit Milk	21 Tangerine Chicken/Rice Fortune Cookie Broccoli Fruit Milk	22 Pizza Fries Fruit Milk	23 Cooks Choice Tiger Bites Fruit Milk	24 Chicken Wrap Baked Beans Fruit Milk
27 Memorial Day No School	28 Soft Taco Refried Beans Fruit Milk	29 Pizza Fries Fruit Milk	30 Coney Dog on Bun Potato Salad Fruit Milk	31 Deli Sandwich Veggies and dip Fruit Milk

News

LUNCH

\$3.00

A Lunch – 11:20

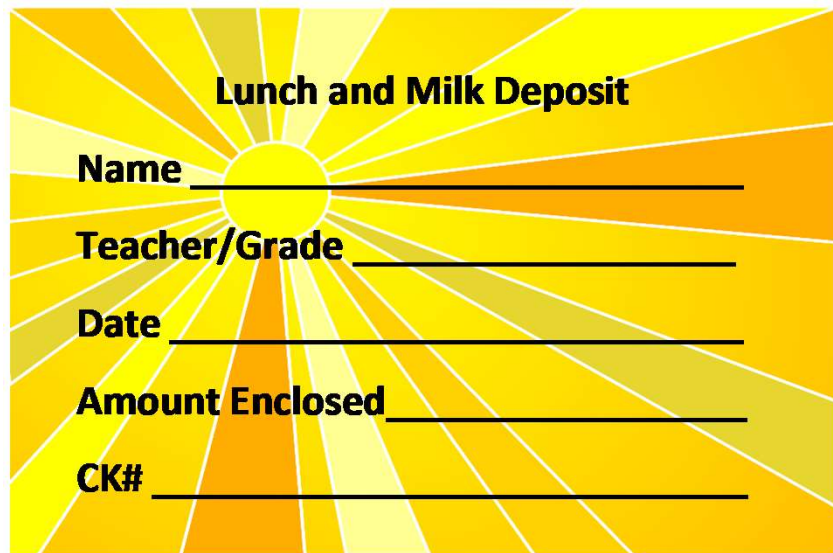
B Lunch – 12:10

A wide variety of
Fruits, Raw Vegetables
& Garden Salads are
available to the
students daily as part
of their meal

Lunch alternatives
include;
Yogurt & Granola,
Chef salad & Croutons,
Bosco Sticks &
Marinara,
or Fresh Deli Sub

Menu Subject to
changes

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A square card with a sunburst background. The sunburst consists of a central yellow circle with rays extending outwards, transitioning from yellow to orange to red. The rays are of varying lengths and angles, creating a dynamic, sun-like effect.

Lunch and Milk Deposit

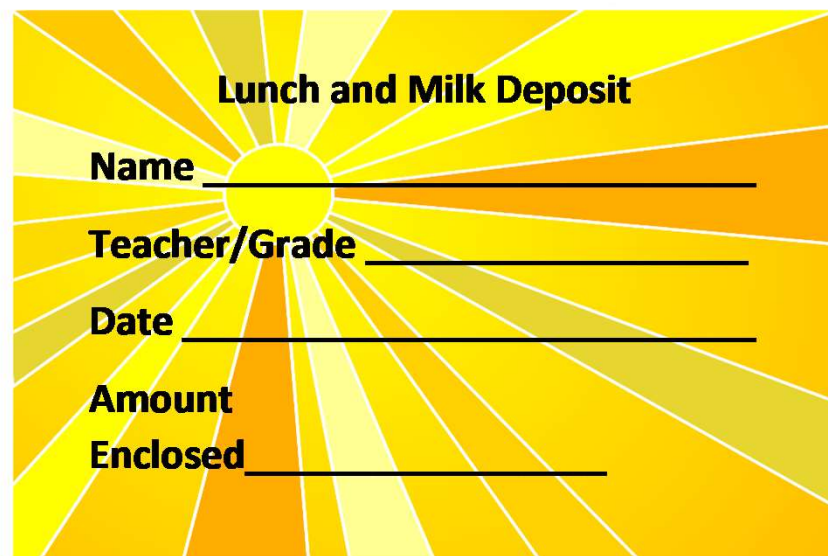
Name _____

Teacher/Grade _____

Date _____

Amount Enclosed _____

CK# _____

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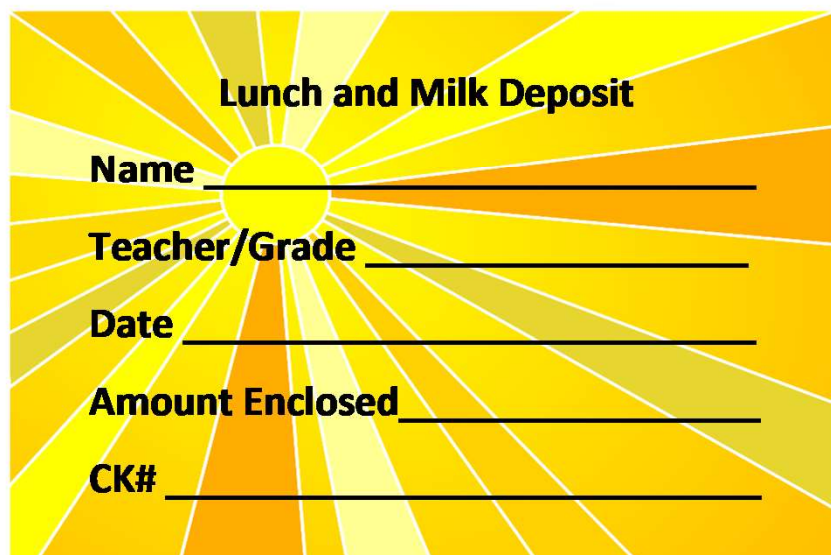
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Teacher/Grade _____

Date _____

Amount Enclosed _____

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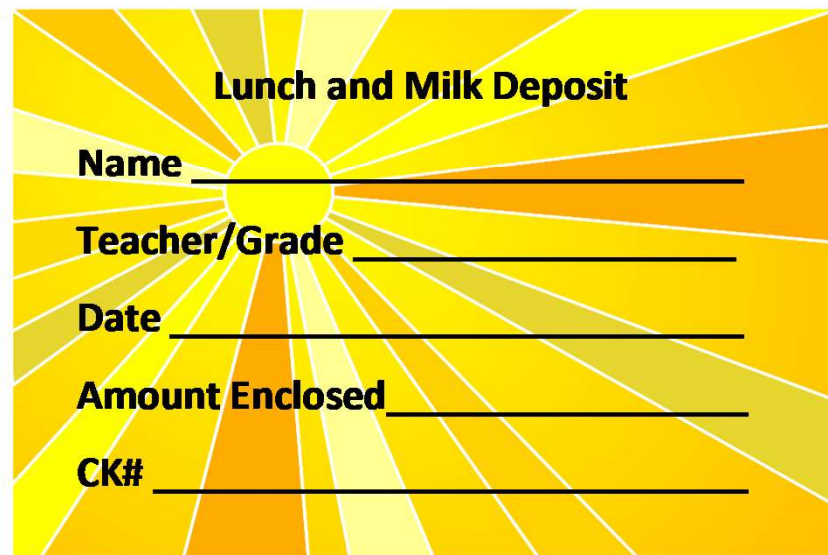
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Teacher/Grade _____

Date _____

Amount Enclosed _____

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Teacher/Grade _____

Date _____

Amount Enclosed _____

CK# _____